

**ABSTRACT****USE OF PREBIOTICS FOR PREVENTING OR TREATING OXIDATIVE STRESS**

5 The invention relates to the use of prebiotics for the preparation of food preparations, functional foods, or pharmaceutical compositions for preventing or treating oxidative stress in particular linked to the consumption of fructose.

The invention also relates to a food preparation comprising simple carbohydrates, in particular fructose, in combination with prebiotics.

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*(no figure)*